

IV Contrast Dye Allergy Preparation

Iodine contrast or dye will be used during your test or procedure. Before the test, patients with an iodine allergy may need to take certain medications. This is important to avoid serious side-effects from the dye.

Before the test, patients with an iodine allergy may need to take certain medications.

Before the Test/Procedure

At least 24 hours before your test:

- Obtain prescriptions from your doctor.
- Fill prescriptions.

13 hours before your test:

- Take prednisone, 50 mg by mouth.

7 hours before your test:

- Take prednisone, 50 mg by mouth.

1 hour before your test:

- Take prednisone, 50 mg by mouth.
- Take Benadryl[®], 50 mg tablets.

Take these medications with water. Based on your test, if food and liquid intake is not allowed, take medications with small sips of water.

If these medications are not taken as directed, your test may not be done.

Health Information Resources

For more information, visit one of Northwestern Memorial Hospital's Health Learning Centers. These state-of-the-art health libraries are located on the third floor of the Galter Pavilion and on the first floor of the Prentice Women's Hospital. Health information professionals are available to help you find the information you need and provide you with personalized support at no charge. You may contact the Health Learning Centers by calling 312-926-LINK (5465) or by sending an e-mail to hlc@nmh.org.

For additional information about Northwestern Memorial Hospital, please visit our Web site at www.nmh.org.

Para asistencia en español, por favor llamar a el departamento de representantes para pacientes al 312-926-3112.

Northwestern Memorial is an equal opportunity employer that welcomes, respects and serves with dignity all people and does not discriminate, including in hiring, or employment, or admission, or access to, or treatment in its programs or activities on the basis of race, color, gender, national origin, religion, disability, handicap, age, Vietnam or other veteran status, sexual orientation or any other status protected by relevant law. To arrange for TDD/TTY, auxiliary aids and foreign language interpretation services, call the Patient Representative department at 312-926-3112, TDD number 312-926-6363. Issues related to the Rehabilitation Act of 1973 should be directed to the director of Employee Relations or designee at 312-926-7297.

Developed by: Galter Outpatient Radiology

© August 2007 Northwestern Memorial Hospital

For more information about Northwestern Memorial Hospital, please visit www.nmh.org.

1100-07

900834 (08/07)